

NEWSLETTER

Academic Year 2024 - 25

CLASS - KG

July 2024 VOL. 2

“Somewhere inside **ALL** of us is
the **POWER** to **CHANGE** the
WORLD”.

- *Roald Dahl*



ASN at a Glance

- Our Taekwondo Champs Kritika Rawat won the Silver 🏆 Medal in below 68 kg Junior Girls category, Srishti Gupta won the Bronze 🏆 Medal in below 52 kg Junior Girls and Bhavya Bisht won the Bronze 🏆 Medal in below 55 kg Junior Girls category at the 40th Delhi State Taekwondo Championship .
- School was awarded with Green Ambassdor Award for its commitment to waste management and in recognition to the excellent work for the project SORT, Delhi NCR phase 5 20-24 by Swarnlata Motherson Trust and IPCA .
- A group of senior students participated in a discussion segment on Doordarshan's weekly show "Just Junior" on DD National. The topic of discussion was "Drug addiction: A big challenge for youth and children".
- On July 24, students from Class XI and XII of ASN Senior Secondary School, Delhi, attended an engaging lecture on "Facts and Myths about Cancer" at the National Science Centre, Delhi. The informative session was presented by Dr. Sohail Qureshi, who shed light on various aspects of cancer.

LATEST EVENTS AND HAPPENINGS AT ASN PRE PRIMARY WING

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From the Incharge's Desk



Dear Parents

Warm Greetings!

As we step into the month of July, I am filled with a sense of pride and enthusiasm for all that we have achieved so far, this academic year. This month marks the beginning of many new opportunities for growth, learning, and community engagement.

The monsoon rains have brought a refreshing change to our environment, and it's heartening to see our students enjoy the lush greenery and the cooler weather. Let's remind our children to stay safe and healthy during this season by carrying their raincoats and umbrellas and being cautious of waterlogged areas.

While our school is dedicated to providing a robust academic curriculum and a supportive environment, we feel that it's equally important to lay the foundation of a child's character and values too. My dear parents you are the first and most influential teacher in your child's life. Your everyday actions, words, and attitudes significantly shape their perceptions and behaviours. Values such as respect, responsibility, honesty, compassion, and perseverance are best taught through example and consistent reinforcement at home.

I would like to suggest some little ways to make your child a complete being with attributes of humanity.

- Demonstrate the values you wish to instill through your actions. Show kindness, practice honesty, and respect others, including your child.
- Have regular conversations about values and ethics. Discuss real-life situations and decisions, explaining why certain choices are better than others based on underlying values
- Discuss the importance of helping others and being considerate of their feelings.
- Assign age-appropriate chores and responsibilities. This helps children understand the importance of contributing to the family and taking ownership of their actions.
- Foster an atmosphere of trust and openness where children feel comfortable discussing their thoughts and concerns. This helps in building their confidence and moral reasoning.

We encourage you to partner with us in this vital aspect of your child's development. Participate in school events, attend parent-teacher meetings, and engage with our values-based programs and initiatives. Your involvement not only strengthens the bond between home and school but also provides a consistent message to your child about the importance of values.

Let us continue to support each other, celebrate our successes, and work together to overcome challenges. Together, we can create a positive and enriching educational experience for all.

Thank you for your continued support and cooperation

Warm Regards

Sarika Srivastava

Instilling Global Citizenship



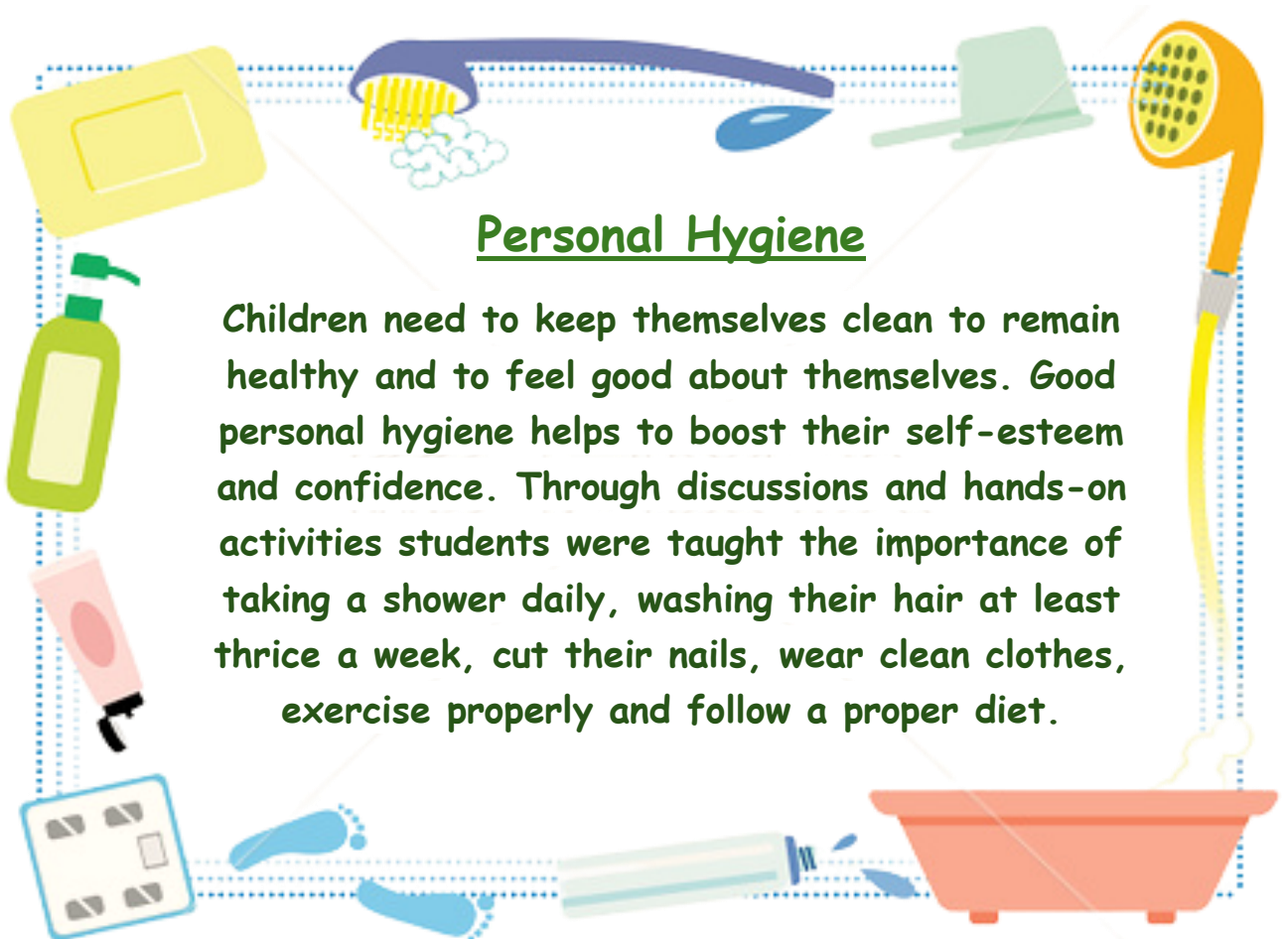
Health & Hygiene Drive

A month-long health hygiene calendar is designed for the little ones to generate awareness on Healthy Habits. A plethora of activities are taken up to make it an enriching learning experience for the children. Each day shines a spotlight on the actions taken to improve the health and wellness of the kids. We also highlight the link between nutrition, physical activity, mental health and learning - because healthy kids are better prepared to learn and thrive!





PERSONAL HYGIENE



Personal Hygiene

Children need to keep themselves clean to remain healthy and to feel good about themselves. Good personal hygiene helps to boost their self-esteem and confidence. Through discussions and hands-on activities students were taught the importance of taking a shower daily, washing their hair at least thrice a week, cut their nails, wear clean clothes, exercise properly and follow a proper diet.

Dental Hygiene



Our mouth serves as the door to the internal parts of the body. Hence, oral hygiene is a crucial aspect of overall health and well-being. It becomes our prime responsibility to inculcate effective oral hygiene practices in our little ones as it leads to a lifetime of healthy smiles. Through the demonstration, students were explained the proper method of brushing their teeth and how unhealthy and sugary food leads to the building up of germs in the mouth which are called cavities.



Hand Hygiene



Our little ones learnt the smart ways to wash their hands following the SUMAN K technique, a fun way to wash the hands using the right technique.

SUMAN K is a Hindi acronym in which:

- S stands for Seedha
- U stands for Ulta
- M stands for Muthhi
- A stands for Angutha
- N stands for Nakhun
- K stands for Kalai



Experimental Fun

Pepper and Soap Experiment:

-The Germ Hunt

Students learnt how to kill germs with the help of self-conducted experiment. They easily understood that the use of soap/handwash is effective in killing the germs.



Cooking without fire: Healthy Bites

Teaching kids about nutrition is important for their health and overall well-being, especially in the present scenario. Getting them involved in meal preparation enables them to understand even better. Through the preparation of fruit chaat students learnt the importance of including fruits in their everyday diet and the nutrients it provides to their body.

Eating the Healthy Way



PUPPET SPECTACLE – Wellness Wonders

Children learn best when they are having fun. The purpose of puppet is to create fun dialogues and an element of surprise into the learning activities. A puppet show was conducted to teach the students the importance of healthy and hygienic behaviour.



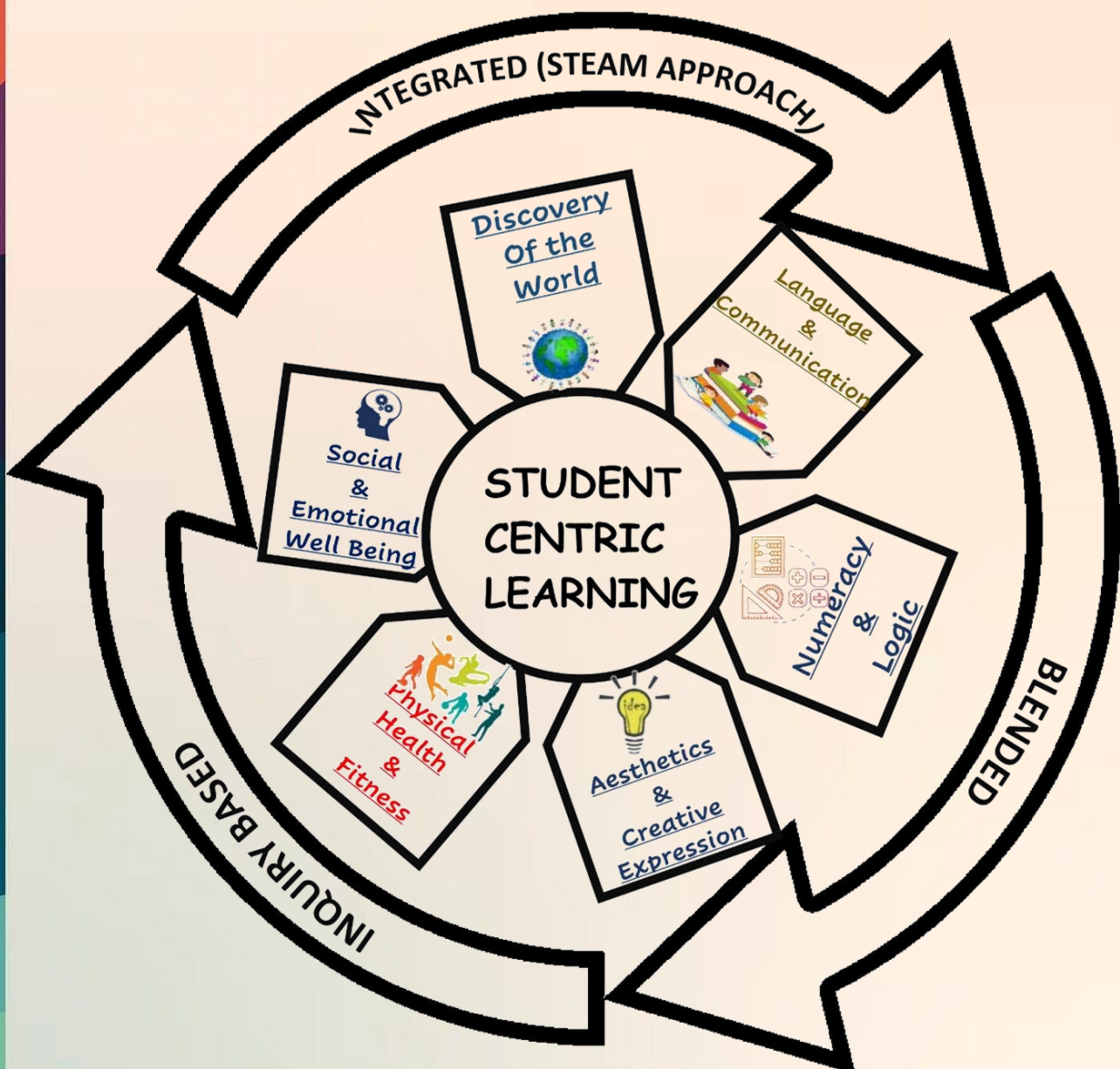
INTERNATIONAL TIGER DAY



Global Tiger Day, often called International Tiger Day, is an annual celebration to raise awareness for tiger conservation, held annually on 29 July. The activities designed for the day were aimed at inculcating sensitivity towards nature and wildlife in the young children. Through a talk session and video on "Saving the Stripes" students were shown how these big cats are hunted for their body parts. Little ones prepared Tiger Masks to mark their support and love for their national Animal.



Our LEARNING DOMAINS





Physical Health and Fitness

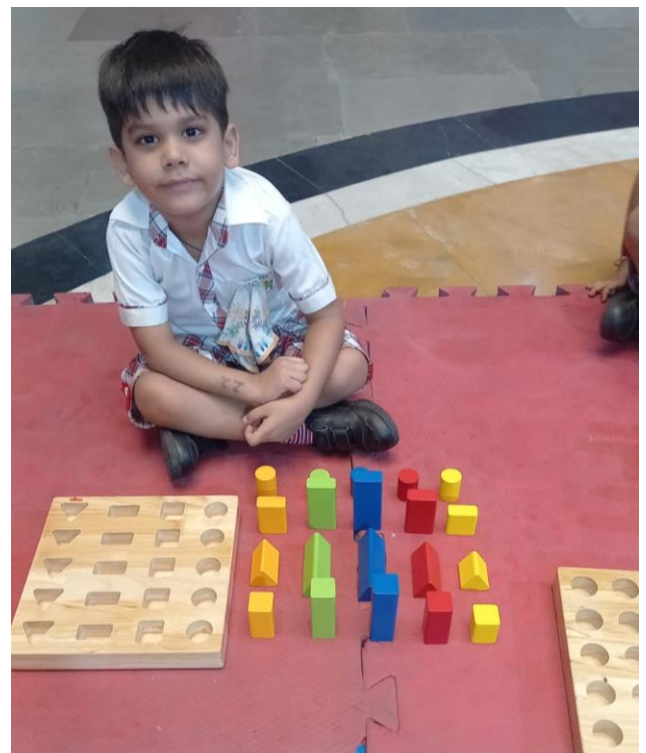
OUTDOOR FUN – Developing Gross Motor Skills

Emphasizing physical development in education involves prioritizing both gross and fine motor control while fostering a love for physical movement. Activities that target various motor skills, including coordination, balance, and dexterity, to support students' overall physical growth are regularly organized. This not only promotes physical health but also enhances cognitive function and emotional well-being.



Learning through Montessori Apparatus

Students engage in hands-on activities and experiential learning that cater to their individual needs and developmental stages. Learners are encouraged to explore and discover, fostering a love for learning while building a strong foundation across diverse areas of academic and personal growth.

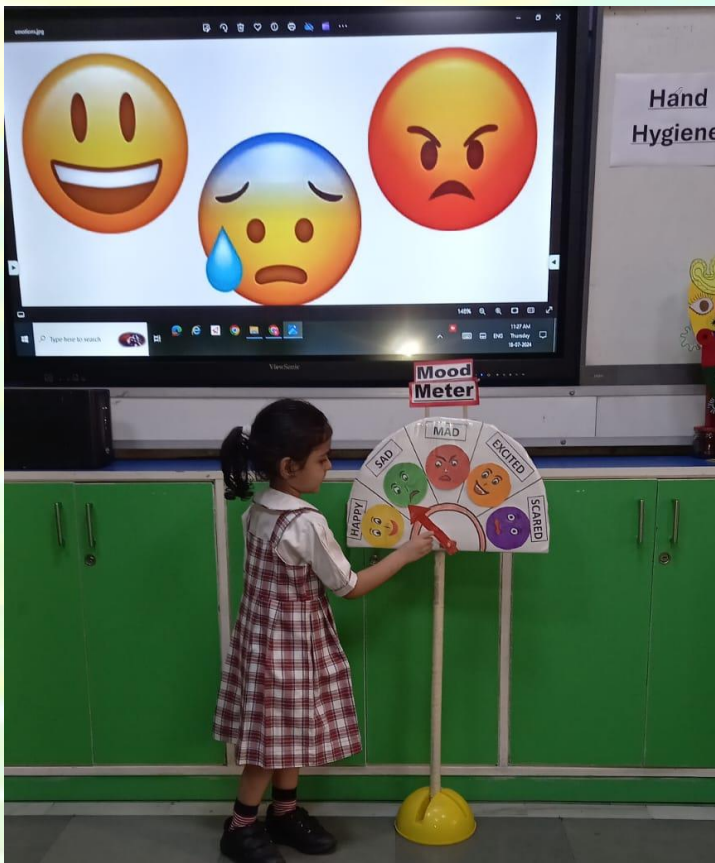


Social & Emotional Well Being



Identifying emotions:

Understanding emotions plays a fundamental role in the development of children's social competence. Children experience a wide range of emotions throughout the day. However, recognizing and naming emotions helps children to understand.



'FEEL WHEEL'

An activity named 'Feel Wheel' was taken up in which students spun the wheel and identified the emotion. Then they spoke about a situation in which they would feel that particular emotion.



Aesthetic & Creative Expressions

The students acted as Health Guards and showcased their colour strokes. This fostered creativity and self-expression allowing children to explore colours and develop their unique style.







GOOD TOUCH & BAD TOUCH



A child's overall development can be stunted by inappropriate touch. We need to teach our children the difference between a good and a bad touch at an early age using simple language and age-appropriate examples. It helps the children to protect themselves from abuse and encourages open communication between parents and children. Students were taught about good and bad touch through the story 'Stranger Danger' and were given examples of good and bad touch. They were also taught about the safety body circle in which they were told about the individuals whom they can approach if they ever feel unsafe.

Discovery of the world

MY SAFETY CIRCLE





Numeracy

And

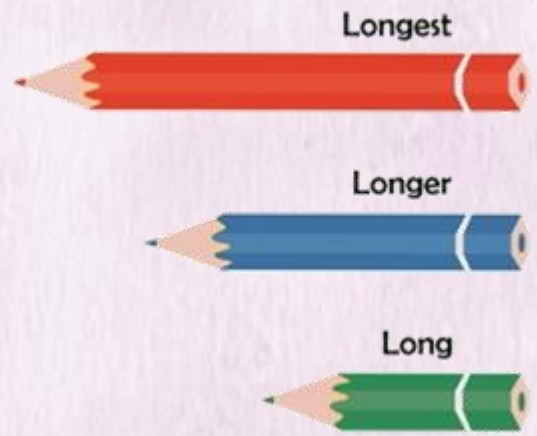
Logic



In Kindergarten various activities are conducted using different apparatus like Saga board, Ganit mala, Building blocks, and Popsicle sticks for working with numbers from 11 onwards to gain a foundation for place value. At this early age, place value refers to the ability to understand that a 1 isn't just a 1 and in a number like 13, the one represents 10 ones and is considered 1 ten.



Pre number concept



Long, Longer, Longest

Students start to grasp the idea of measurement and comparing lengths. They learn to make comparisons and understand the relationship between different objects. They engage in problem-solving when they are asked to arrange objects by length or determine which is longest and shortest.



Stereognostic

Bag

Discovering the aspects of the 2D & 3D dimensional shapes.





Shin Program
Facilitating High Order Thinking Skills



THOTS

Game Based Learning



TRIVIUM
GAME



ASTROMANIA
GAME





Graphic Organizer:

Welcome Back Activity:

By engaging in this activity students had fun reminiscing about their summer vacation and enjoyed sharing their experiences with their peer group.





Health Manifest

Show and Tell is a multifaceted activity that supports the holistic development of young children. Speaking in front of a group can boost a child's self-esteem and confidence. It helps to develop their vocabulary and language skills and articulate their thoughts and ideas. A show & Tell activity was conducted on the theme " **Health Manifest**" in which students brought one item related to hygiene and spoke about it.





English Solo Rhyme Competition

As a culmination to the hygiene week, an English Solo Rhyme competition was conducted on the theme **“The Healthy Way”**. Such competitions help to develop confidence, oratory skills and self-expression. Students celebrated their learning by participating enthusiastically and presented the concept well in their colourful costumes & props.



ENGLISH

Introduction Of short Vowel 'i'

Introduction of the short vowel "i" was taken up with the help of a virtual presentation and flash cards. Students made words using the word builder.

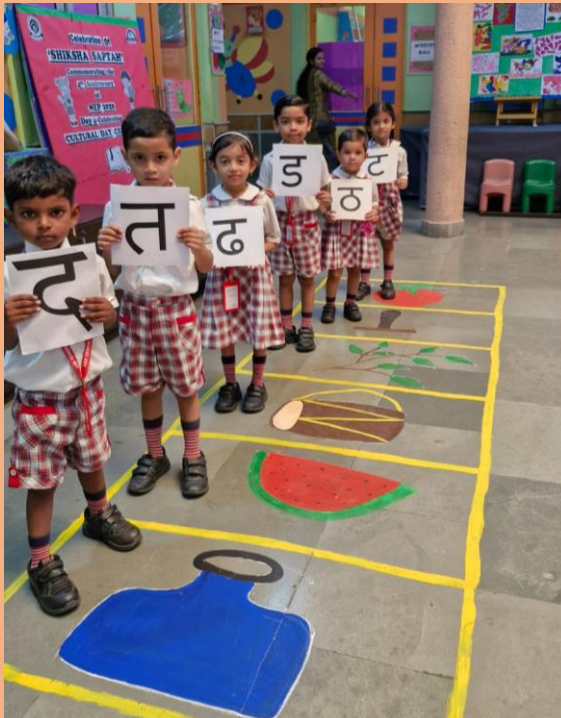
Students wrote the same set of 5 words in the notebook in the first two days accompanied by different sets of words. Then they were given practice worksheets related to the vowels to strengthen their learning.





Introduction of the vyanjans:

After the vacation vyanjans were introduced. The letters were introduced through a story and a virtual presentation. The students learnt the vocabulary related to the letter and they also came out with a lot of words. They were taught the verbal clues of the letters and writing of the same was done in the prescribed books.



PARENT

TIPS & TRICKS

6 SIGNS A CHILD IS REGULATED



They can *follow directions*



They can *fall asleep easier*



They can *play with others*



They *transition between activities easily*



They can *communicate their thoughts*



They can *attend to the task at hand*

