

ASN Sr. Sec. School
Mayur Vihar-I

Holiday Fun
Nry 2019-20



No Mobiles

**Summer, summer almost here.
Let's give summer a big fat cheer!
Of this fact I'm surely clear.
Summer is the best time of year.**



No Video Games

-Tim Rasinski

Let's enjoy Summer Activities

Dear Parent,

We hope the children enjoyed their first spell in the school as much as we enjoyed getting to know them. The school is a second home and hope our children have started feeling comfortable in the school by now.

Summer brings with it the ever smiling sun, fresh breeze, blossoming flowers and HOLIDAYS!! For toddlers, holidays mean fun, adventure and innovative activities with learning and enjoyment. Summer vacation rejuvenates the child. This is the time to help your child explore newer talents and skills, and do whatever he/she really enjoys doing. To conclude one can say summer break will help students to learn additional skills and bridge the knowledge gap before they get ready for the next learning session at school. Happy Summer Vacations, So let's get started with some fun loving and interesting activities.

Note: "Tell me, and I will forget. Show me, and I may remember. Involve me, and I will understand". Directing and forcing your child to complete the work would not lead to learning. Build a team with your child, have fun while working together and give space to your child to bring forth ideas! So, kindly guide your ward and allow him/her to do the work by himself/herself.

**Practical Life Exercises (PLE)
for developing the motor
skills**

Motor development refers to the development of a **child's bones, muscles and ability to move** around and manipulate his or her environment.

So, here are some techniques to be followed at home to develop the fine & gross motor skills in your child:-

Let your child indulge in activities like:

- Zipping and unzipping
- Buttoning and Unbuttoning
- Opening and closing the bottle cap / tiffin lid
- Turning pages of a Book
- Squeezing bath sponges
- Sorting and counting of Vegetables.
- Sorting of Rajma and white Chana and putting them in different bowls using a tong.
- Make different objects out of flour dough.
- Rolling Chapatis.
- Watering the plants using spray bottles.
- Scribbling on the newspapers using crayons.
- Do Free hand drawing.
- Do clay modeling.
- Pegging activity.
- Folding mats and clothes.
- Mashing Potatoes.



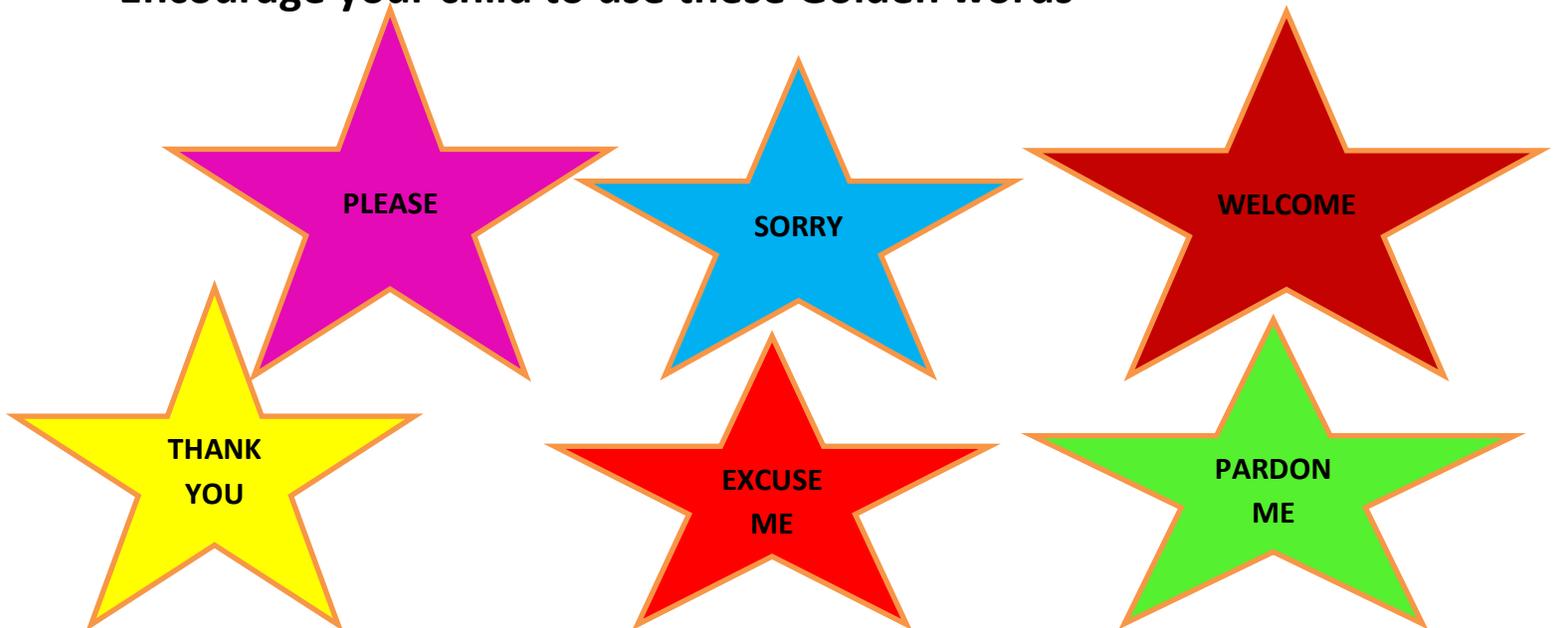
Kindly refer to the site <https://childdevelopment.com.au/areas-> of gross motor skills.

Develop Social Skills

- **Imbibe 'Social Skills' in your child.**

1. Greeting with a smile when someone comes to your house.
2. Conversing freely with visitors, relatives coming over to your house.
3. Answering the phone calls with a polite "Hello", also asking "May I know who is calling?"
4. Speaking politely and sharing with peers.

- **Encourage your child to use these Golden words**



- **Know your family and surroundings**

1. Make your child learn the name of father, mother, school and class teacher, telephone number of parents.
2. Encourage your child to look around and observe. Help him/her to identify various shapes and colours in the surroundings, let them ask questions as answers to their queries is the first step towards satisfying their basic thirst for knowledge. Read out the words written on different sign boards and encourage your child to read along with you.

Make your child independent.

- Letting him/her do various day to day activities. Some are listed below:-
 1. Let them follow their daily routine on their own.
 2. Take bath independently.
 3. Combing their hair.
 4. Wear shoes and socks.
 5. Arranging shoes in the shoe rack
 6. Laying the table, etc
 7. Eat food independently.
 8. Arranging their toy shelf/cupboard.
 9. Filling the water bottles.
 10. Helping parents in day to day work.



Pattern Writing

- **Fun With Pattern Book**_ Complete pages – 4,5,8,9,10,13,19 and 28. Kindly let your child complete this work independently under your guidance using crayons only.

Date of Submission of Fun with pattern book – 5th Jul'19

Scrapbook
“My Summer Vacation Memories”

“Life, the gift of God, Love, the gift of life”

As children learn to observe their surroundings, they begin to both identify and distinguish between sounds, sights, tastes, smells, and sensations.

We encourage parents to discuss and expose children to the world around them. First hand observation and hands-on experience is the best way to give these children the foundation that they need for learning. So, Let your child be a nature lover.

Help your child to make a decorative summer vacation scrapbook using eco-friendly waste material for pasting work.

Instructions to make the scrapbook are as follows:-

1. Create a cover page with a title “My Summer Vacation Memories”
2. Click pictures of the activities mentioned below.
3. Create a collage using these pictures (for each activity use 2 pages only).



SCRAPBOOK ACTIVITY 1 – NATURE LOVER

Make a daily routine for your child.

1. Wake up your ward early in the morning.
2. Take him/her for a walk on the green grass (bare foot) and see the rising sun. Make them lie on the grass under the trees listening to various sounds of nature like chirping of birds, murmur of water. They can enjoy watching the clouds float across the sky and form different shapes.

3. Let your child feel the fresh air and do breathing exercises. (**21st June - "International Yoga Day"**).
4. Sensitize your ward towards animals and birds; encourage him/her to keep a bowl of water and grains outside the house.
5. **Green Drive (Plant a sapling)** - Explain to your child that plants also have life and discuss how do they grow and what all is required for their growth. Let's improve their observation and experience by germinating a seed. It will surely be a lovely experience for them.

Steps for germination:

1. Take a pot.
2. Fill it with soil and manure.
3. Sow the seeds.
4. Water it daily and see it grow into a plant.



Date of Submission of Sapling – 8th Jul'19

Ask your child how he/ she felt after doing all the above mentioned activities.

SCRAPBOOK ACTIVITY 2 – FATHER'S DAY (16th June'19)

***"Let's take the time
To say "Thanks, Dad.
I'm glad you're mine.
You are my 'Super Hero'."***



Join hands with your child and let him/her be the host of the day and organize a party on the occasion of Father's Day.

1. Invite other family members.
2. Organize some games and have lots of fun on this special day.
3. Become a 'Little Chef'. Prepare a sandwich learnt in the school and an Oreo shake.

Steps for making an Oreo Shake (Serves 4):-

- Crush 8 Oreo biscuits.
- Take 4 Scoops of vanilla ice-cream ,2 cups milk and handful of ice
- Blend everything in a blender until smooth
- Pour the shake into the glasses and serve.

4. **Father's Day Card**- Make a card, gift it to your dad on this special day. Paste it in the scrapbook.

Materials required for making the card

- **Cartridge sheet /Chart paper –A4 size**
- **Paintbrush**
- **Paints**

For reference a sample of card is attached herewith.



Special Moments - Click some pictures for memory and paste them in the scrapbook.

SCRAPBOOK ACTIVITY 3 – FAMILY OUTINGS

Take your child to any one of the following places in Delhi.

For eg: Zoo, Amusement Park, Rail Museum, HO-HO Bus Ride, Akshardham Temple, Doll's Museum, Bal Bhawan etc.

Capture the fun moments and paste the pictures in the scrapbook.

SCRAPBOOK ACTIVITY 4 – MY EXPRESSIONS

Expressions don't need words. Make your child explore different feelings by thinking about how to react to an expression of any emotion.

Some emotions are listed below, capture them in the form of clicks and paste the same in the scrapbook.

Happy, Sad, Angry, Surprised, Shocked, An Idea, Thoughtful.



Date of Submission of the Scrapbook – 8th Jul'19

“STORIES WORK”
***“Books are a treasure and
reading is a pleasure.”***



● **Tips for Reading**

Parents must set an example - When our child sees us reading and enjoying a book or a newspaper article, we are sending a message that reading is important and valuable so here are some tips to help parents of young children to promote reading at home.

- Find opportunities to read out stories to your child, using picture books. But make sure he/she is enjoying the story. After reading the stories, ask questions such as – what did you like, who was your favourite character in the story.
- For short stories and rhymes use books with large colourful illustrations. Use voice modulation and gestures to make it an exciting experience for him/her.
- Make your child learn 2 new words daily from the stories read.



Note: Make your child learn a story from the books mentioned below.

After re-opening of the school, child will come dressed up from home in the costume as one of the characters of the story for narration on special assembly day. Schedule for story narration will be given in the planner of July month.

Suggested series of story books for reading

- Brownny Bear (Scholars Hub)
- Bubbles (Bubbles First Story Books)
- Bruno (Bruno Early Readers)
- Pepper (Pepper Series)
- Ramayana
- Lady Bird Series (Level-1)



Visual Learning & Entertainment

From entertainment to the education industry, technology innovation has revolutionized virtually everything. Today, digital communication is inseparable from the learning process.

Suggested Television Channels

- Discovery Kids, National Geographic

Suggested You-Tube Series:

- Peppa Pig , Barney , Dora the explorer

Suggested Movies to Watch

- Jungle Book, Kungfu Panda, Stuart Little, Zootopia, Tangled, Baby's Day Out, Frozen, Disney Dinosaur, Finding Nemo, Tinkerbell.

Be Creative
"Kids who create develop stronger
problem-solving skills."

Marble Maze

Making a marble maze can be a fun way to spend time with your family. Marble mazes also engage creative and imaginative skills of your child while building and playing. Let your imagination run wild as you come up with challenging and interesting designs for your marble maze. All you'll need is a few basic materials to get started building your own straw marble maze.

Steps to make a marble maze:-

1. Gather the following materials.
 - Lid of the Cardboard box.
 - Flexible Paper straws/straws made out of newspaper.



- Fevicol
 - Marbles
2. Plan a layout for the path; draw the path for the maze on a sheet.
 3. Paste the same on the base of a cardboard box lid.
 4. Cut out some straws and paste the same on the path drawn.
Gluing the straws in place will help form the walls of your maze, confining the marble to the paths you've created.
 5. Label the start and end points. Now that you have built the maze walls using the straws.
 6. Now, it is ready to play with by adding marble to it.

Caution: Let the ward play with the marbles under parent's supervision.

Date of Submission of Marble Maze will be intimated later through planner.

