

# ASN SCHOOLS

## HOLIDAY FUN

### CLASS II (SESSION 2019-20)

Dear Kids,

Summer holidays are rejuvenating. They give us a break from the monotonous cycle of daily work. Let us enjoy our holidays through various "Learning with Fun" activities and have a fruitful summer break.

#### HEALTH IS WEALTH

- Rise early to catch the sunrise daily.
- Go for a morning walk with your family.
- Drink plenty of fluids like lemonade, buttermilk, milk shakes etc. to keep yourself cool.
- Play outdoors, get dirty in mud. It's okay to fall down and experience pain once in a while.
- Avoid being a couch potato! Restrict your television time to 1 hour a day and explore children's programme, cartoon films, Discovery channel, National geographic channels etc.
- Learn and practice a few 'Yoga Asanas' and celebrate WORLD YOGA DAY on 21<sup>st</sup> June.

#### PERSONALITY DEVELOPMENT

- Enhance your Self Help Skills: Learn how to dress up smartly and tie your shoes on your own.
- Take good care of your personal hygiene. Remember, washing hands properly is a sure way to remain healthy.
- Eat all your meals yourself and do not leave food on your plate. Take lots of fruits and vegetables and make your mother happy.

#### DEVELOPING SOCIAL SKILLS

- Adopt the magic words like - Please, Thank you, Sorry etc. in your conversation.
- Help your mother in kitchen and laying down the dining table. Pick your plate after every meal to learn dignity of labour.
- Visit your grandparents and make memories with them. Make them feel special. Also ask them about history and culture of INDIA.
- Visit any heritage site or a monument, find out some interesting facts about it which you can share with your friends and send a picture of your visit to the monument at [renuka.rawat@asnschool.org](mailto:renuka.rawat@asnschool.org) by 5<sup>th</sup> July 2019.
- Celebrate Father's Day on 16<sup>th</sup> June and surprise him by giving a hand-made card.
- Celebrate World Environment Day on 5<sup>th</sup> June and adopt a plant or plant a plant in your vicinity. Nurture and watch it grow.

## **SUBJECT ENRICHMENT**

- To improve the formation of letters write one page of English in **Macmillan Handwriting Book** twice a week and complete it till page 65. Likewise practice Sulekh in Hindi Sulekh Mala twice a week and complete it from page 11 to 22.
- Keep up with your subject concept by regular practice of phonics learnt so far and enrich your vocabulary by learning new words and their meaning. Enhance your writing skills by object writing/picture comprehension once a week in a thin 4 line note book/ any old 4 line note book.
- Practice Maths Concepts every day and work on mental calculations and problem solving skills in a rough note book/old maths note book.

## **BE THE AGENT OF CHANGE**

Your School aims to make you well connected, aware and awakened global citizens. You will be glad to know that your school has been extensively working on 17 United Nations Sustainable Development Goals since last few years and this year too it plans to carry forward its endeavour to work on and support UNSDGs.

You as children must become aware of the issues represented by SDGs and how they affect your own daily lives and the environment. With this understanding, you will be inspired to take small steps at your level i.e. actions which you can integrate in your habits.

### **'It's time to change the world'**

With the above message and perspective this summer break, we would like you to understand and get a brief overview of these sustainable goals by going through the under mentioned links, videos and graphics step wise.

1. **A short animated film for you to support Sustainable Development Learning.**  
<https://vimeo.com/144354623>
2. **Energy, let's save it!**  
<https://youtu.be/1-g73ty9v04>
3. **Reduce, Reuse and Recycle, to enjoy a better life**  
[https://www.youtube.com/watch?v=OasbYWF4\\_S8&authuser=0](https://www.youtube.com/watch?v=OasbYWF4_S8&authuser=0)
4. **Save Water Save Life**  
[https://youtu.be/h\\_IC2zo\\_fIE](https://youtu.be/h_IC2zo_fIE)
5. **Use less paper and save trees**  
[https://www.youtube.com/watch?v=OasbYWF4\\_S8](https://www.youtube.com/watch?v=OasbYWF4_S8)

After observing each video answer the given questions in your scrap book. Submit your scrap book on 1<sup>st</sup> July 2019.

1. State one thing you have learnt after seeing the video.
2. State one action you will take to bring the change.

## **READING FUN**

*"Reading is a way for me to expand my mind, open my eyes and fill up my heart."*

Here we have some enthralling stories for you. Let's read them or watch videos in order to appreciate literature, boost vocabulary and add value to our lives.

Read all the stories well and pick up any two which you liked the most. Present these two of your favourite stories in your scrap book using the STORY GRAMMAR TECHNIQUE. One of the story out of these two will also be taken up for the class presentation. You can prepare puppets or props for the same.

### **English Stories to be read.**

1. The Lorax by Dr. Seuss
2. The Fox in the socks by Dr. Seuss
3. The Day the Crayons Quit by Oliver Jeffers
4. The Incredible Book Eating Boy by Oliver Jeffers
5. Here We Are by Oliver Jeffers
6. The Snail and the Whale by Julia Donaldson
7. The Magic Point Brush by Julia Donaldson
8. The Future of the Present by Malini Venkataraman
9. Sharon finds the Environment by Tom Hawkins
10. Look after your Planet by Charlie and Lola

### **Hindi Stories to be read.**

तेनालीरामा, अकबर और बीरबल, झाँसी की रानी लक्ष्मीबाई, सम्राट अशोक, सत्यवादी राजा हरिश्चंद्र, छत्रपति शिवाजी, महाराणा प्रताप, शहीद भगत सिंह, सरदार वल्लभ भाई पटेल, पृथ्वी राज चौहान प्रसिद्ध हस्तियों की कहानियां पढ़ें, उनके बारे में जानें और किन्हीं दो कहानियों को शिक्षा सहित याद करें।

All the above stories are available in print form and online.

**HAVE A FUN FILLED  
HOLIDAYS!**