

# ASN SCHOOLS

## HOLIDAY FUN

### CLASS I (SESSION 2019-20)

Dear Kids,

Summer holidays are rejuvenating. They give us a break from the monotonous cycle of daily work. Let us enjoy our holidays through various "Learning with Fun" activities and have a fruitful summer break.

#### HEALTH IS WEALTH

- Rise early to catch the sunrise daily.
- Go for a morning walk with your family.
- Drink plenty of fluids like lemonade, buttermilk, milk shakes etc. to keep yourself cool.
- Play outdoors, get dirty in mud. It's okay to fall down and experience pain once in a while.
- Avoid being a couch potato! Restrict your television time to 1 hour a day and explore children's programme, cartoon films, Discovery channel, National geographic channels etc.
- Learn and practice a few 'Yoga Asanas' and celebrate WORLD YOGA DAY on 21<sup>st</sup> June.

#### PERSONALITY DEVELOPMENT

- Enhance your Self Help Skills: Learn how to dress up smartly and tie your shoes on your own.
- Take good care of your personal hygiene. Remember, washing hands properly is a sure way to remain healthy.
- Eat all your meals yourself and do not leave food on your plate. Take lots of fruits and vegetables and make your mother happy.

#### DEVELOPING SOCIAL SKILLS

- Adopt the magic words like - Please, Thank you, Sorry etc. in your conversation.
- Help your mother in kitchen and laying down the dining table. Pick your plate after every meal to learn dignity of labour.
- Visit your grandparents and make memories with them. Make them feel special. Also ask them about history and culture of INDIA.
- Visit any heritage site or a monument, find out some interesting facts about it which you can share with your class mates and send a picture of your visit to the monument at [renuka.rawat@asnschool.org](mailto:renuka.rawat@asnschool.org) by 5th July 2019.
- Celebrate Father's Day on 16<sup>th</sup> June and surprise him by giving a hand-made card.
- Celebrate World Environment Day on 5<sup>th</sup> June and adopt a plant or plant a sapling in your vicinity. Nurture and watch it grow.

## **SUBJECT ENRICHMENT**

- To improve the formation of letters write one page of English in **Macmillan Handwriting Book** twice a week and complete it till page 55.
- Keep up with your subject concept by regular practice of phonics learnt so far and enrich your vocabulary by learning new words and their meaning. Enhance your writing skills by object writing/picture comprehension once a week in a thin 4 line note book/ any old 4 line note book.
- Practice Maths Concepts every day and work on mental calculations and problem solving skills in a rough note book/old maths note book.

## **BE THE AGENT OF CHANGE**

Your School aims to make you well connected, aware and awakened global citizens. You will be glad to know that your school has been extensively working on 17 United Nations Sustainable Development Goals since last few years and this year too it plans to carry forward its endeavour to work on and support UNSDGs.

You as children must become aware of the issues represented by SDGs and how they affect your own daily lives and the environment. With this understanding, you will be inspired to take small steps at your level i.e. actions which you can integrate in your habits.

### **'It's time to change the world'**

With the above message and perspective this summer break, we would like you to understand and get a brief overview of these sustainable goals by going through the under mentioned links, videos and graphics step wise.

1. **A short animated film for you to support Sustainable Development Learning.**  
<https://vimeo.com/144354623>
2. **Energy, let's save it!**  
<https://youtu.be/1-g73ty9v04>
3. **Reduce, Reuse and Recycle, to enjoy a better life**  
[https://www.youtube.com/watch?v=OasbYWF4\\_S8&authuser=0](https://www.youtube.com/watch?v=OasbYWF4_S8&authuser=0)
4. **Save Water Save Life**  
[https://youtu.be/h\\_IC2zo\\_fIE](https://youtu.be/h_IC2zo_fIE)
5. **Use less paper and save trees**  
[https://www.youtube.com/watch?v=OasbYWF4\\_S8](https://www.youtube.com/watch?v=OasbYWF4_S8)

After observing each video answer the given questions in your scrap book. Submit your scrap book on 1<sup>st</sup> July 2019.

1. State one thing you have learnt after seeing the video.
2. State one action you will take to bring the change.

## **READING FUN**

*"Reading is a way for me to expand my mind, open my eyes and fill up my heart."*

Here we have some enthralling stories for you. Let's read them or watch videos in order to appreciate literature, boost vocabulary and add value to our lives. Enjoy as many stories as you can and prepare any one of your favourite story for the class presentation using Story Grammar (technique for reading comprehension-refer note book) and the props.

### **English Stories to be read**

1. The Lorax by Dr. Seuss
2. The Golden Touch by Glen Huser
3. The Empty Pot by Demi
4. The Bundle of Sticks by Aesop Tales
5. The Foolish Lion by Karadi Tales
6. Frog and Toad are Friends by Arnold Lobel
7. Sister Sister Why don't things Fall Up? by Roopa Pal
8. Best Friends by Clement John
9. The Owl who is afraid of Dark by Jim Tomlinson
10. Rooney's Adventure - A friendly Octopus - BubbleBud Kids

### **Hindi Stories to be read**

पंचतंत्र की कहानियाँ, तेनालीरामा, अकबर और बीरबल – इन पुस्तकों में से दस कहानियाँ चुनकर मम्मी-पापा से सुन । सुनी गई कहानियों में से दो कहानियाँ याद कर ।

All the above stories are available in print form and online.

**HAVE A FUN FILLED  
HOLIDAYS!**