

ASN International School

MENU OF MONTH - September 2026

Chapati , Rice & Salad would be served daily along with the mentioned menu.

Day	Date	DAL	VEGETABLE	SNACKS
Tues	1 Sep 26	Mix Dal	Louki	Sweet Dalia
Wed	2 Sep 26	Arhar Dal	Potato & Capsicum	Veg Macroni
Thurs	3 Sep 26	Chhole	Shahi Panner & Puri	Upma
Mon	7 Sep 26	Sambhar	Mix Veg	Poha
Tues	8 Sep 26	Rajma	Tinda	Bread Jam
Wed	9 Sep 26	Kadhi	Nutri Peas	Kheer
Thurs	10 Sep 26	Green Dal	Jeera Potato	Upma
Fri	11 Sep 26	Saboot Masoor	Shahi Paneer	Veg Macroni
Mon	14 Sep 26	Mix Dal	Karela	Poha
Tue	15 Sep 26	Chhole	Lady Finger	Namkeen Sewain
Wed	16 Sep 26	Dal Makhani	Tinda	Custard
Thurs	17 Sep 26	Arhar Dal	Mix Veg	Poha
Fri	18 Sep 26	Sambhar	Jeera Potato	Bread Sandwich
Mon	21-Sep	Mix Dal	Louki Kofta	Macroni
Tue	22 Sep 26	Rajma	Karela	Upma
Wed	23 Sep 26	Green Dal	Capsicum & Potato	Sweet Dalia
Thurs	24 Sep 26	Chana Dal	Matar Paneer	Namkeen Sewain
Fri	25 Sep 26	Chhole	Lady Finger	Poha
Mon	28 Sep 26	Sabut Masoor	Mix Veg	Kheer
Tue	29 Sep 26	Kadhi	Pumpkin	Bread Jam
Wed	30 Sep 26	Black Chana	Jeera Potato	Upma
Note : There may be slight change in the menu due to availability item.				
Shivani Khanna				
Headmistress				