

ASN International School

MAYUR VIHAR-I

MENU OF THE MONTH – APRIL 2019			
<i>Chapati , Rice & Salad</i> would be served daily along with the mentioned menu.			
DATE & DAY	DAL	VEGETABLE	SNACKS
1 Apr - Mon	White Chana, Puri, Pullav, Raita		Sweet Sewain
2 Apr - Tue	Yellow Moong Dal	Potato Jeera	Poha
3 Apr - Wed	Kadi	Mix Veg	Kheer
4 Apr - Thu	Rajma	Shahi Paneer	Sandwich
5 Apr - Fri	Sambhar	Pumpkin	Fruit Custard
8 Apr - Mon	Mix Dal	Peas & Potatoes	Bread Jam
9 Apr - Tue	Black & Yellow Dal	Pumpkin	Dry Poha
10 Apr - Wed	Lobhiya	Potatoes & Capsicum	Namkeen Sewain
11 Apr - Thu	Black Chana	Lady Finger	Upma
12 Apr - Fri	Dal Makhni	Shahi Paneer	Sweet Sewain
Baisakhi Celebrations			
15 Apr - Mon	Green Moong Dal	Gatte	Kheer
16 Apr - Tues	White Chana	Mix Veg	Poha
18 Apr - Thu	Rajma	Potatoes & Capsicum	Sandwich
22 Apr - Mon	Sambhar	Potato & Jeera	Bread Jam
23 Apr - Tues	Chana & Bottle Gourd	Bottle Gourd	Fruit Custard
24 Apr - Wed	Yellow Moong Dal	Kofta	Macroni
25 Apr - Thrus	Kadi	Pumpkin	Bhel Puri
26 Apr - Fri	Black Chana	Palak Paneer	Namkeen Sewain
29 Apr - Mon	Black & Yellow Dal	Gatte	Bread Poha
30 Apr - Tues	Mix Dal	Peas & Potatoes	Sweet Sewain

Note : There can be a slight change in the menu due to unavailability of any food item.

Shivani Khanna

Headmistress