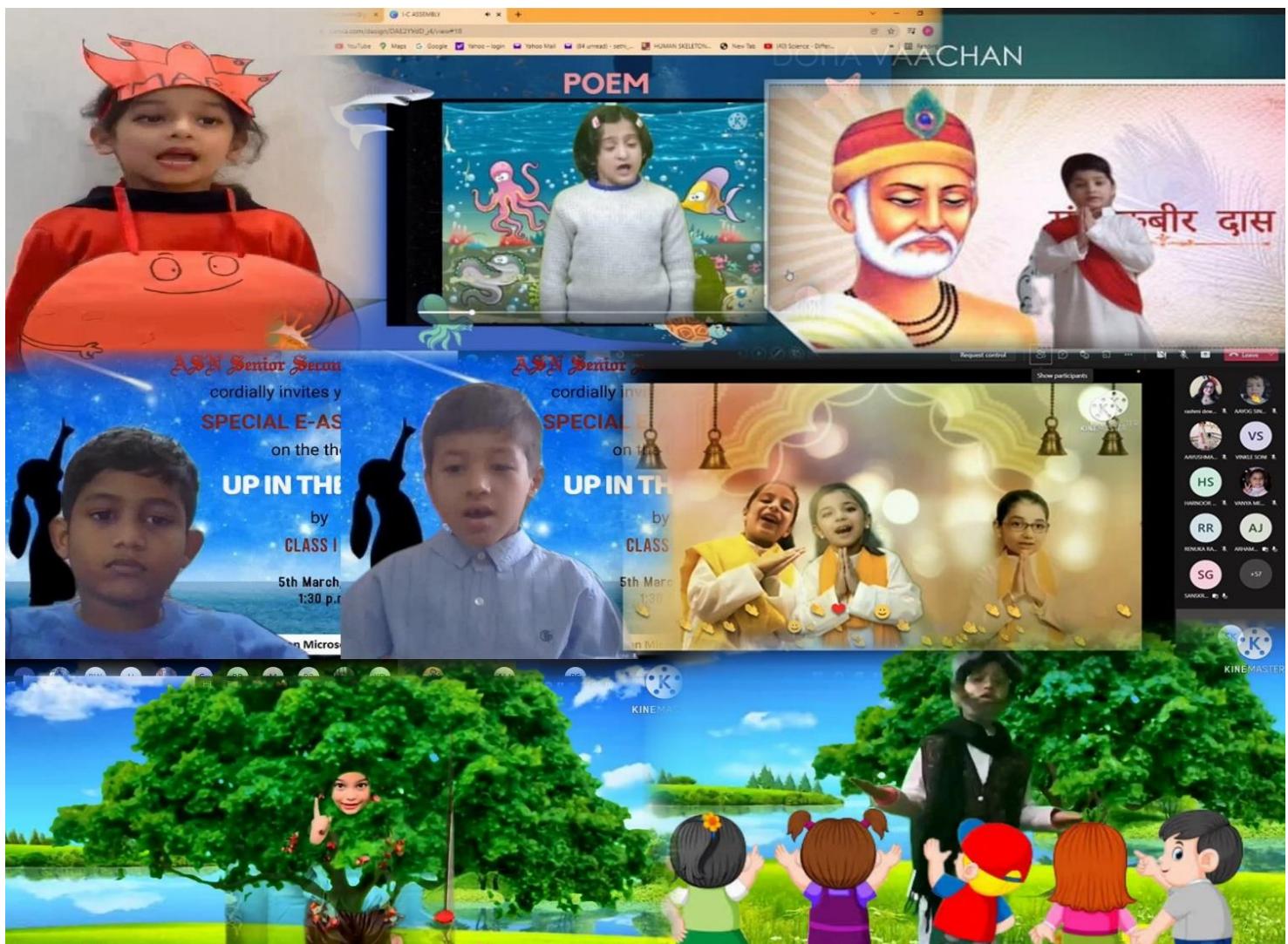




# LPW BULLETIN

The latest events and happenings at ASN Lower Primary Wing

JAN.-MARCH 2022 VOL. 6



## ASN AT A GLANCE



- A momentous occasion as ASN senior Secondary School secured the 2nd rank among the top 10 schools in the category of EAST DELHI Leaders by TIMES SCHOOL SURVEY 2021.
- The school was awarded with Green School Award for 2021 at the 5th NYC Green School International Conference by Green Mentors.
- ASN organized a webinar on 'Mental Well-being' conducted by Ms. Nadini Singh, Associate Psychologist at Fortis Healthcare.
- ASN Senior Secondary School celebrated its Founder's Day on 17 Feb 2022.
- ASN Senior Secondary School, Mayur Vihar-I was adjudged runner-up for their commendable and extraordinary work undertaken as part of the Road Safety Club in the year 2021-22. Principal Ms. Swarnima Luthra along with Ms. Madhvi Kedia, Incharge Upper Primary wing and student delegates received the trophy and cash prize of ₹11,000 from the Chief Guest Shri Rakesh Asthana, IPS Commissioner of Police, Delhi at the Platinum Jubilee Celebrations of Delhi Police Week on 18th February 2022

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## Message from the In-charge



Dear Parent

At the outset, I would like to congratulate you for your ward's success in the year gone by which was possible only because of the hard work of our young learners, our teachers, and you parents - the making of a wonderful team! Looking back, I could easily say that the past two years were not only a time of trials and tribulations but also a time of triumphs and achievements - a testimony to our resilience and commitment as an educational institute and a learning community!

Now, we are all set for in-person session 22-23 with enthusiasm and positivity.

'Break out the crayons, open the books! Put on your school clothes and your bright and happy looks! It's time to cheer for a new school year'-these lines beautifully echoes our sentiments!!

It wouldn't be remiss of me if I say that after almost 2 years of silent hallways and empty classrooms it would be a delight to welcome students into the building... in fact wonderful to see shining eyes peeking over the top of masks.

It will definitely take time to normalise and to have students acclimatise to the school routine and reengage in building positive connections with their peers and facilitators, all of which are essential for holistic development and effective learning. This would be our last newsletter for the outgoing class 11 students who are stepping up in their learning journey and joining Upper Primary wing as 3rd Graders.

Dear parents, just like a journey of thousand miles begins with a single step, the journey of life -long learning starts with formative years. We believe in an inclusive, participatory, and holistic approach, bringing in experiences, research, feedback and lessons from the best practices to impart quality education to our learners. We can work as 'partners in progress' with a shared goal of ensuring holistic development of our children, inspiring a love for learning through a culture of curiosity and creativity; letting our students slowly and surely start their journey of self-directed learning.

There's indeed something magical about the moment a kite takes flight and soars into the skies. The kite represents the child's aspirations and dreams. And together we can ensure the actualisation of these dreams and possibilities of our children!

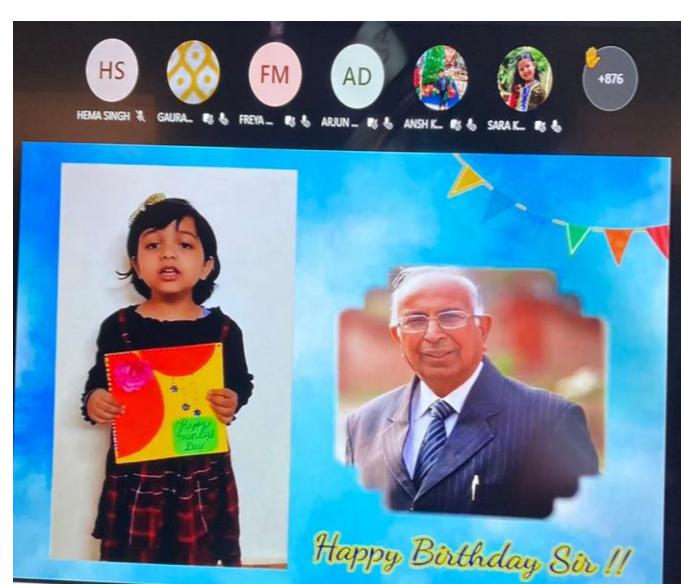
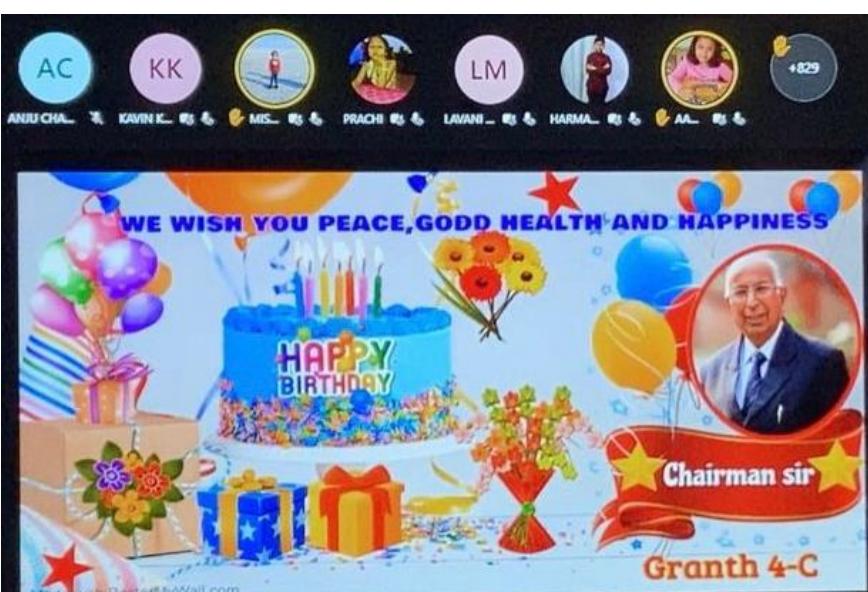
I wish you and your ward a wonderful and fruitful year ahead!

Dr. Renuka Rawat



**"Children are like buds in a garden and should be carefully and lovingly nurtured as they are the future of the nation and the citizens of tomorrow". —Pandit Jawaharlal Nehru**

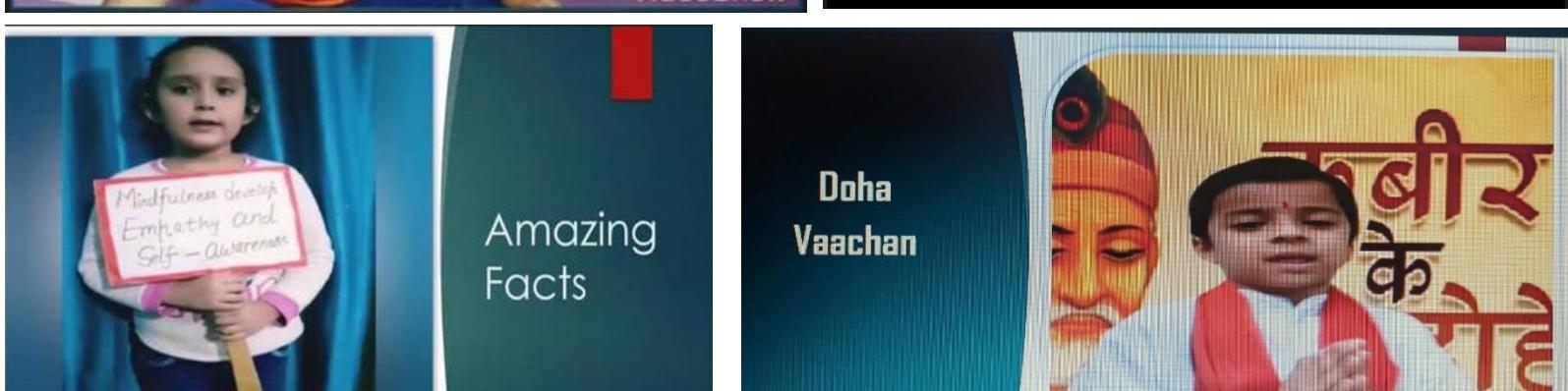
Every year 17<sup>th</sup> February is celebrated as Founder's Day in the honour of School's Chairman Shri KL Luthra birthday for his contribution to nation building through quality education. It is celebrated with lots of enthusiasm and zeal to demonstrate affection and reverence to the beloved Chairman sir. This year, it was an online kaleidoscope of dance , music and exhibition of physical fitness.



## SPECIAL ASSEMBLY BEING MINDFUL

'Our life is shaped by our mind, for we become what we think' -Budha

Reiterating the truth in this timeless quote, the students of Class I A conducted special assembly on the theme 'Being Mindful' on the occasion of International day of Education, enabling learners to explore the world of thoughts and feelings. The word mindfulness holds immense possibilities in the realms of self-awareness and when practiced from early years like the learners do during their life skills modules, help them truly connect with present and become aware of their surroundings. Young students of class 1A eloquently conveyed a wonderful message on mindfulness through skit, mono act, poems, amazing facts and dance. The entire theme of assembly was designed to showcase the importance of being mindful and how practising mindfulness can enhance ability to focus, boost physical n mental health. Applauding the students and teachers for their praiseworthy efforts, Principal Ms Luthra opined that the theme is most opportune on this occasion as 'Being Mindful' is the key competency today to promote and develop in learners for them to become self-aware, self-directed lifelong learners in coming years. Thanking the principal and parents on the occasion Incharge Dr Rawat said, that the young learners not only highlighted the importance of mindfulness in our life in these chaotic and uncertain times but also showed how it can be practiced and adopted seamlessly in our day-to-day life. The students through their assembly also sensitized the audiences about how mindfulness can be individual's resource and can foster observation, communication and interpersonal skills. A classroom which encourages practice of mindfulness would definitely help transform learners in to more aware, connected and empathetic individuals but would also help them use their thoughts and energy constructively.

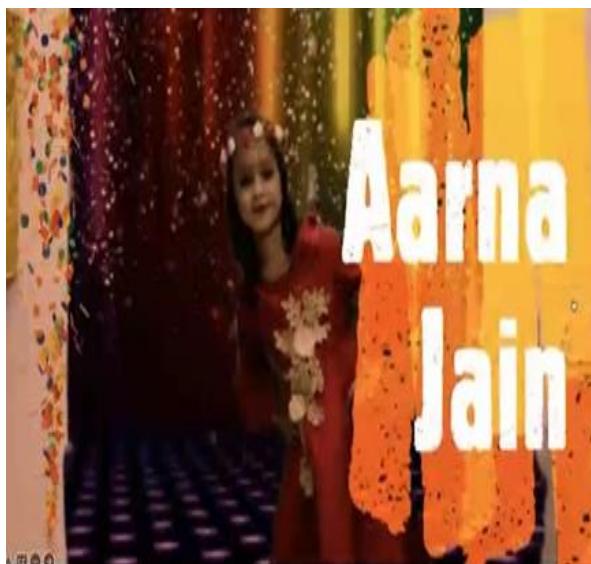
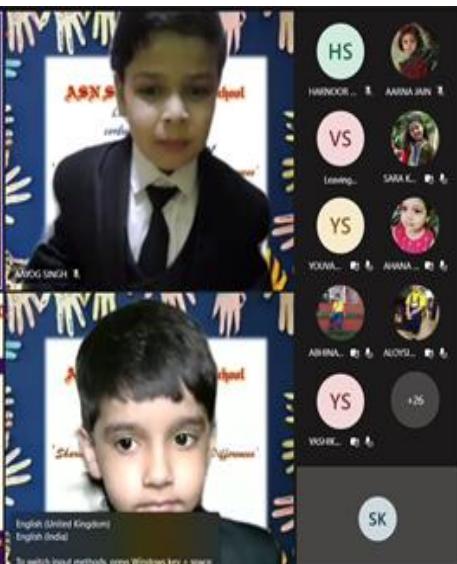
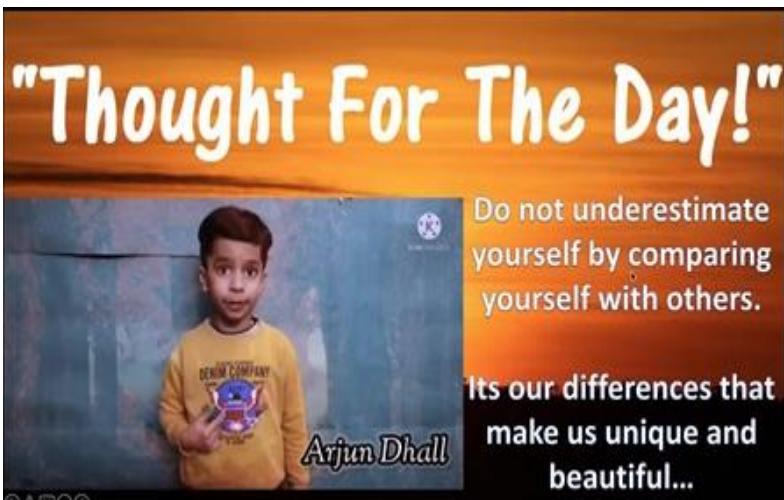


## SPECIAL ASSEMBLY - SHARING SIMILARITIES AND CELEBRATING OUR DIFFERENCES

"Different is good and being different is what makes us stand apart in the world".

Class I B of lower primary wing presented a special assembly on the topic "Sharing similarities and Celebrating our differences".

The little ones through their presentation and talent show depicted the differences we see in each other in skills, behavior and intelligences. These differences really make us special and unique. The message was loud that everyone is different, and we must accept for who they are. We are special because we are different.



## SPECIAL ASSEMBLY - RETHINK PLASTIC – SAVE OUR OCEANS

The ASN Lower Primary Wing had organized a special e-assembly on 1st February'22 on theme – ‘Rethink Plastic – Save our Oceans’. The programme also focused on awareness and sensitization on conservation of wetlands. The students raised awareness about the vital role of wetlands for people and our planet through a speech supported by visuals. They said, “Wetlands are like kidneys of nature since it purify the atmosphere and control floods. Wetlands play a major role to reduce the impact of climate change, adding that wetlands are an important part of biodiversity and is essential to protect them.” Lower Primary Wing Incharge Dr. Renuka Rawat elaborated on the value of wetlands and she emphasized “it is our solemn duty to ensure that we give back to our children an environment which is clean and green.



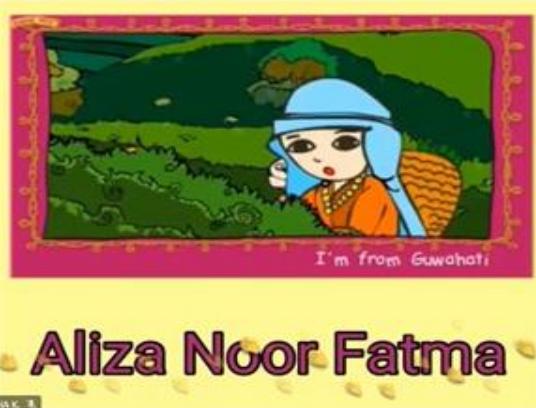
## SPECIAL ASSEMBLY - DESH MERA RANGILA

To mark India's 73rd Republic Day, the students of class I-D took to presenting an assembly on the theme "Mera Des Hai Rangeela" manifesting the glorious cultures, ethnicities and religions of India.

The assembly began on an auspicious note, with the students reciting prayers and mantras from different religions of India. It was then followed by sharing of positive and impactful thoughts in both Hindi and English. Thereafter, the students performed invigorating and refreshing meditation and yoga exercises. The students of class I-D then participated in an enthralling Talent Hunt wherein they showcased their different talents and skills such as singing, cooking, sharing interesting geographical facts about India etc.

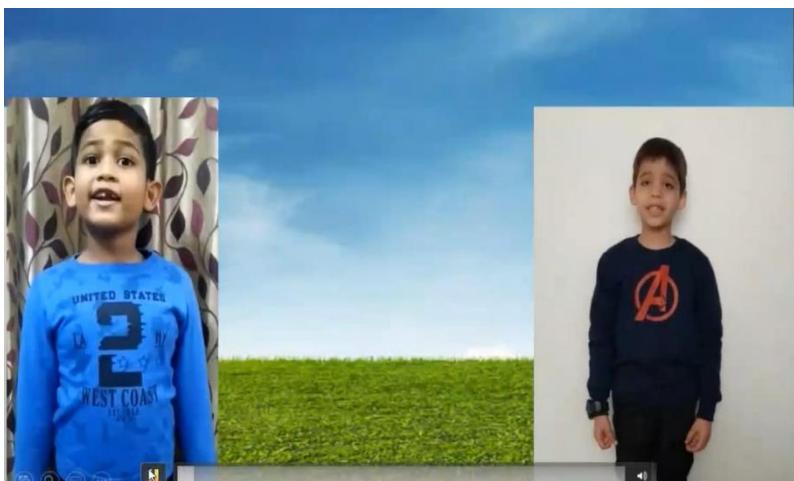
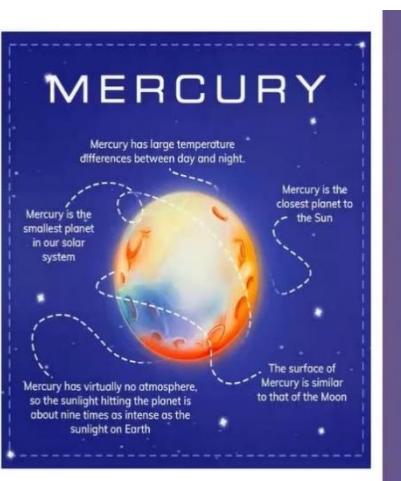
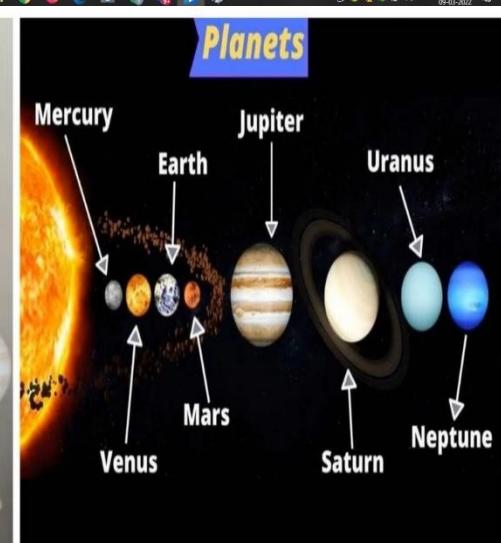
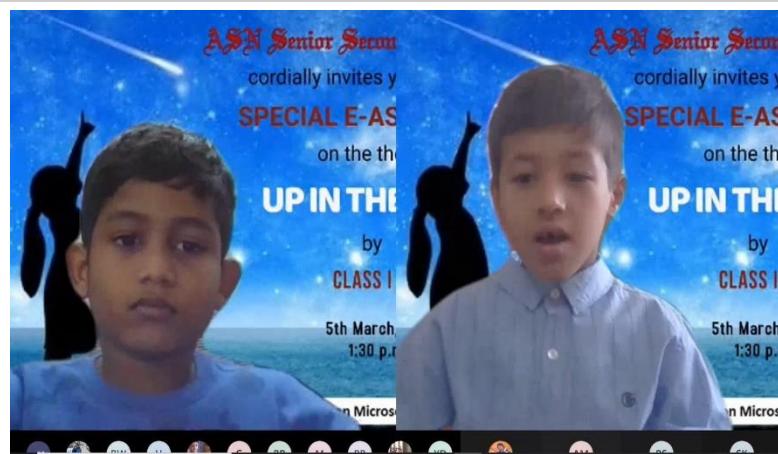
Subsequently, after sharing fascinating facts about our nation, India, the students put up a thought-provoking skit highlighting the "unity in diversity" of India. The skit beautifully portrayed not only the significance of Republic Day, but also celebrated the colours, cultures and festivals of different states, religions etc. of India.

This was followed by the recitation of a patriotic Hindi poem about our magnificent nation, India. The assembly was concluded on a joyful note with a melodious song and foot tapping dance performance celebrating the brotherhood and unity of our majestic country.



"Once you have tasted the taste of sky you will forever look up."

Class I E presented an assembly on the theme 'Up in the Sky'. Students explained various facts on the solar system and importance of solar system. They have also presented a skit on solar system where they enacted each planet. Students also threw light on NASA and various astronauts. It ended with a music and dance performance by the students. Dr. Renuka Rawat Incharge of Lower primary wing congratulated all the students for their wonderful performance.





# SNAP SHOT

## Seasons the Lessons of Life – Annual Day & Award Ceremony

The thoughtful selection of the theme ‘Seasons – The Teachings of Life’ for the ceremony was to sensitize students towards the positivity of life, of being confident while facing the obstacles and embracing the changes the life brings. The infusion of values like resilience and adaptation in young learners from the early years definitely helps them develop growth mindsets and positive outlook towards life. The remarkable performance by the young learners left the audience spell bound. Every season was showcased through songs, dance poem and roleplay ; all knitted together in a wonderful story of five children who take on an adventurous learning journey and share their experiences with each other.

